



Monday

Beef Bolognese, Garlic Bread


Broccoli and Chee  Quiche

 50/50 Pasta Tomato Sauce, Grated cheddar

Baked Beans, Garden Peas

Fresh Fruit Salad 

Tuesday

BBQ Chicken Pasta 

Cheese Tortellini

Baked Potatoes

Baked beans, Grated Cheddar


Broccoli, Roasted Carrots

Carrot Cake


Wednesday

Roast Gammon,

Roast Potatoes


Vegetable Tagine  Couscous

Baguettes Sliced Ham, Sliced Emmental

Stir fry Cabbage and Kale, Gravy 

Orange Drizzle Cake

Thursday

Chilli Con Carne 

Mexican Rice

Red Onion and Cherry Tomato Tart, New Potatoes

50/50 Pasta Creamy Bacon, Grated Cheddar

Carrots, Roasted Cauliflower

Chocolate Sponge, Custard

Friday

Chicken Ratatouille 

New Potatoes

Macaroni Cheese

Baked Potatoes

Tuna Mayo, Grated Cheddar


Roasted Butternut Squash, Green Beans

Homemade Cookie


Week 1

All our meals are freshly made

Monday

Pepperoni Pizza 

Chips

Roast Vegetable Frittata 

50/50 Pasta Tomato Sauce, Grated Cheddar


Carrots, Garden Peas

Rice Pudding, Fruit Compote

Tuesday

Beef Lasagne

Garlic Slices

Singaporean Rice Noodles 

Baked Potatoes

Creamy Bacon, Grated Cheddar


Roasted Courgettes, Green Beans

Marble Cake, Pouring Yoghurt

Wednesday

Roast Pork

Roast Potatoes

Cheese and Tomato Quiche 

Baguettes Sliced Ham, Sliced Emmental


Roasted Root, Savoy Cabbage

Lemon Drizzle Cake

Thursday

Chicken Tagine, Rice

Vegetable Lasagne

Baked Potatoes Bake  Beans, Grated Cheddar

Stir fry Greens, Roasted Cauliflower

Banoffee Pie

Friday

Fish Fingers,

Chips 

Vegetable Chow Mien

50/50 Pasta Mushroom Sauce, Grated Cheddar


Carrots, Sweetcorn

Ice-Cream

WEEK 2

All our meals are freshly made


Monday

Cumberland Sausage
 Mashed potatoes
 Spinach and Ricotta Cannelloni 
 Baked Potatoes Grated Cheddar
 Baked Beans & Garden Peas
 Choc Ice


Tuesday

Chicken Curry 
 Steamed Rice
 Vege mince Bolognaise
 50/50 Pasta Tomato sauce
 Grated Cheddar
 Roasted Courgette, Sweetcorn
 Toffee Cake


Wednesday

BBQ Pulled Pork Wraps
 Potato Wedges
 Quorn and Vegetable Fajitas 
 Baguettes Peri-Peri Chicken, Sliced Emmental
 Green Beans, Roasted Butternut Squash
 Chocolate Courgette Cake, Cream

Thursday

Chicken in Black Bean Sauce 
 Egg Noodles
 Stuffed Peppers with Feta Crumble 
 Baked Potatoes Baked Beans, Grated Cheddar
 Saute Cabbage, Roasted Cauliflower
 Homemade orange shortbread

Friday

Beef Bolognaise
 50/50 Pasta
 Vegetable Balti, Rice
 Baguettes Sliced Ham, Sliced Emmental
 Broccoli, Glazed Carrots
 Apple, Date and Carrot Sponge with Custard

WEEK 3

All our meals are freshly made